



**KNOWLEDGE OF RISK, RELEASE OF LIABILITY AND WAIVER OF LIABILITY**

In consideration for participating in fitness or exercise activities, services and/or use of equipment I agree to RELEASE, WAIVE, DISCHARGE and HOLD HARMLESS Little Feet Sports LLC and their officers, directors, elected, officials, agents, employees and instructors for fitness or exercise activities, services and/or use of equipment from any and all liability, claims, actions or losses from bodily injury, property damages, wrongful death, loss of service, demands or causes of action that I may hereafter have arising out of my child's or my participation in fitness or exercise activities, services, and/or use of equipment, including , but not limited to, LOSSES CAUSED BY THE NEGLIGENCE of Little Feet Sports LLC.

I further agree that I WILL NOT SUE OR MAKE A CLAIM AGAINST LITTLE FEET SPORTS LLC for damages or other losses sustained as a result of my child's participation or my participation in fitness or exercise activities, services and or/ use of equipment.

I understand and acknowledge that fitness or exercise activities, services and/or use of equipment have inherent dangers that no amount of care, caution, instruction or expertise can ELIMINATE and I EXPRESS AND VOLUNTARILY ASSUME ALL RISK OF PERSONAL INJURY OR DEATH SUSTAINED WHILE PARTICIPATING IN SPORTS ACTIVITIES, SERVICES AND/OR USE OF EQUIPMENT WHETHER OR NOT CAUSED BY NEGLIGENCE OF LITTLE FEET SPORTS LLC.

I recognize and understand the physical nature of this activity and hereby state that my child has no medical conditions that would prevent my child from participating with Little Feet Sports LLC.

I further represent that I am at least 18 years of age, or, that as the parent or legal guardian I waive and release any and all legal rights that may accrue to me or to my minor child as a result of any injury that my minor son or daughter may suffer while engaging in fitness or exercise activities, services and/or use of equipment.

I HAVE READ THIS ACKNOWLEDGEMENT OF RISK, RELEASE OF LIABILITY AND WAIVER OF LIABILITY, FULLY UNDERSTAND ITS CONTENT AND SIGN IT ON MY OWN FREE WILL.

DATE \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

\_\_\_\_\_  
Name of Minor child

\_\_\_\_\_  
Name of Parent or Guardian of minor child

X

\_\_\_\_\_  
Signature of Parent or Guardian of Minor Child under 18 years of age



## PHOTOGRAPHY

Occasionally pictures are taken for promotional purposes. I give permission to Little Feet Sports LLC to use pictures of my child for flyers, brochures and publications.

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Signature of Parent or Guardian

X

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Date

Initial \_\_\_\_\_ I have received and read over the Parents Welcome Letter and understand the policies and procedures of Little Feet Sports LLC. I will make sure that I go over them with my child.

Initial \_\_\_\_\_ I understand there is a NO refund policy after the first practice.